



Workforce &  
Continuing Education

MACOMB COMMUNITY COLLEGE

Discover. Connect. Advance.™

# Certified Professional Fitness Trainer Certificate Program

at Macomb Community College  
**CENTER FOR HEALTH CAREERS**

## YOU'RE HOLDING A LOT OF POWER IN YOUR HANDS.

Macomb's hundreds of workforce and continuing education classes offer you the chance to grow personally and professionally, learn new job skills and meet interesting people. Best of all, they're conveniently scheduled and taught by leading experts. Whether you're looking to advance your career or find a new passion, there's something here for you.

**For more information on Macomb's Certified Personal Fitness Trainer Program, contact Macomb's Center for Health Careers at 586.226.4807 or [continuinged@macomb.edu](mailto:continuinged@macomb.edu).**

**For general information about Macomb Community College, please call 866.MACOMB1 (866.622.6621) or email [answer@macomb.edu](mailto:answer@macomb.edu).**

## Can You Push Someone to the Next Level?

We all need a little motivation sometimes. (The couch looks very inviting when a trip to the gym is waiting.) Who fills that leadership role when someone is looking to elevate their physical performance? Part scientist, part psychologist, part drill instructor, Certified Personal Fitness Trainers are informed, energetic exercise experts who know how to help people achieve their goals in a safe, effective way. If you take your fitness seriously and have a passion for bringing out that fire in other people, this is the career for you!

## The Certified Professional Fitness Trainer Program at Macomb

You won't just be sitting in a classroom for this program. (How healthy would that be, anyway?) To complement your lectures and other skill-building activities, you'll get practical hands-on training in a variety of exercise development, equipment usage and health assessment techniques. Optional internships are also available to gain real-world skills and job connections. The program will help you prepare for the certification exams that make you employment-ready.

## Employment Outlook

With this certificate, you will be qualified for careers including fitness trainer, personal trainer and aerobics instructor. Median salary for these careers in Michigan is \$32,230 with 9 percent growth in openings expected through 2024.

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### LOOKING FOR A JOB?

Contact Career Services  
586.445.7321  
[careerservices@macomb.edu](mailto:careerservices@macomb.edu)

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