

REGISTRATION INFORMATION

Registration Code:

Boys Camp:

Reg# 52475 SPRT 8000D SC101

July 10–14

Cost \$175 • 9am–4pm

Girls Camp:

Reg# 52476 SPRT 8000D SC102

July 10–14

Cost \$175 • 9am–4pm

Release of Liability:

Each camper will receive a Release of Liability form via email upon registration. The form can also be found at www.macomb.edu/athletics under “Camps” then “MetroD Camp.” This form MUST be brought to the first day of camp.

REGISTRATION FOR NEW NON-CREDIT STUDENTS

- » Go to www.macomb.edu and click on Future Students
- » Select “Register for Continuing Ed Classes” at top of page
- » Choose the red box “New Continuing Education Students”
- » Enter the 5-digit registration number (52475–Boys Camp; 52476–Girls Camp) in the 5-digit registration number box and click Submit
- » Select class, click submit and enter personal and payment information in order to complete your registration

REGISTRATION FOR RETURNING NON-CREDIT STUDENTS

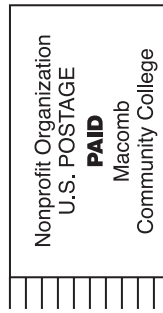
- » Go to www.macomb.edu and click on My Macomb
- » Enter User ID and Password if prompted
- » Under Self-Service Menu select “NONCREDIT/CON’T ED STUDENTS”
- » Under registration select “Search and Register for Continuing Education Classes”
- » Enter the 5-digit registration number (52475–Boys Camp; 52476–Girls Camp) in the 5-digit registration number box and click Submit
- » Select class, click submit and enter personal and payment information in order to complete your registration

For questions regarding the registration process, please contact the Records and Registration office at records@macomb.edu or 586.445.7999

Fees and Refunds:

All camp fees must be paid in full at time of registration. Any cancellations must be received in writing three weeks prior to the start of each camp. Cancellations received after this cutoff period will be honored only if a camper provides medical documentation of nonattendance due to an injury or illness. No other full or partial refunds will be honored.

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14500 E 12 Mile Rd, Warren MI 48088-3896

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Macomb Community College hosts the 25th Annual

MetroD

Basketball Camp

Every camper receives complimentary T-shirt and basketball

Boys & Girls (Separate Camps)
July 10–14, 2017



Discover. Connect. Advance.™

586.445.7512 • www.macomb.edu/athletics

MACOMB Metro D Basketball Camp

hosted by Macomb Community College



Camp Directors:

Jim Twigg

Men's Basketball Coach, Macomb Community College

Jay Ritchie

Women's Basketball Coach, Macomb Community College

For more information about the camp, visit www.macomb.edu/athletics, call Jay Ritchie at 586.206.4110, or email at ritchiej@macomb.edu

Excellent Coaching Staff

- The same outstanding directors and coaches who have worked together for years at the Macomb Metro D Camp will be on hand to teach and demonstrate
- Coach-to-camper ratio: Approximately one coach to every 10 campers
- We teach the game and break it down
- Coaching staff is selected for their ability to communicate and their skill in teaching the game

What are the advantages of sending your son or daughter to the Macomb Metro D Basketball Camp?

- **Experienced Coaches:** Most of our coaches have worked camps for over 10 years
- **Coach-to-Camper Ratio:** Approximately one coach to every 10 campers
- **Macomb Metro D Camp's Goal:** Our goal is to provide an opportunity for every camper to develop to their full potential
- Campers are divided by age

What does the Macomb Metro D Camp offer that other camps do not?

- Our coaches are actively involved with teams throughout the area
- Most of our coaches have high school coaching experience
- Excellent facilities and a low coach-to-camper ratio ensures maximum participation and excellent opportunity for camper improvement
- Catered hot lunch

Who should attend the Macomb Metro D Basketball Camp?

- Players who have a strong desire to develop their skills to their fullest capability
- Players who want the experience of competing against other players from the Metro Detroit area

Station Work

- Individual shooting skills
 - Off-the-pass
 - Off-the-dribble
- Moves facing the basket
- Moves with back to the basket
- Power moves
- Individual defense/team defense
 - Denial/help-side/ball-side
 - Personal responsibility
- Passing
- Screening
- Rebounding
- Ball-handling skills



Available Facilities

Will be held at the Sports & Expo Center (P-Bldg) at Macomb Community College, South Campus. This facility has eight basketball courts.

Awards, Contests, Tournaments

- One-on-One Winners
- Overtime Tournament
- Star Shooting
- Mikan Drill
- Speed Dribbling
- Defense Award
- MVP
- Sudden Death Tournament
- 3 vs. 3 League
- Free Throws
- Hot Shot
- Hustle Award
- Attitude Award
- Powerball
- 3-Point Shooting
- 3 vs. 2 Half Court

Typical Day Session

8:30 am	Arrival, extra shooting practice
8:45 am	Dynamic stretching
9 am	3 vs. 3 League
9:30 am	Offensive skills work
10:30 am	Individual work contests
11 am	Team practice time
11:30	Team games
Noon	Complimentary catered hot lunch
12:45 pm	Team contests
1:30 pm	Defensive skills work
2:30 pm	Individual instruction and contests
3:30 pm	Team games
4 pm	Closing



Divisions

Big Ten Division (Ages 8–11)

With the young player in mind: Basic offensive and defensive skills are introduced and learned through drills and game environment. Emphasis is on having the youth acquire enjoyment of the sport and knowledge of the game.

College Division (Ages 12–13)

Team concepts are introduced. Offensive skills (i.e., ball handling, shooting, passing, screening) and defensive skills (i.e., one-on-one, help-side and ball-side defense, boxing out, rebounding) are taught. Our aim is to help the player reach their full potential.

NBA Division (Ages 14–17)

Fast-paced motion, with highly skilled and competitive station drills. Total-team offensive and defensive play is taught. Techniques learned can immediately increase each player's game effectiveness.

NOTE: The age groups are tentative and determined by enrollment.