

CERTIFIED PERSONAL FITNESS TRAINER

Employment Outlook

Fitness Trainers and Aerobics Instructors

Salary: \$7.17- \$22.20 per hour in Michigan

Outlook: 16% increase in Michigan

Job Openings: 270 opportunities projected in Michigan annually

Places of employment include: Fitness Facilities, Spas, Camps, Consulting

Source: America's Career Information Network at www.acinet.org



Free Career Workshop

Learn about the classes we offer and how they can lead to a career as a Certified FitnessTrainer. Call 586.498.4000 or email continuinged@macomb.edu to reserve a spot.

S.....8/29..... 10-11AM.....CTR H209

Certified FitnessTrainer

FTNS-9000

Get the information you need to become a Certified Personal Fitness Trainer. Lectures include information on exercise, physiology, nutrition, musculoskeletal injuries and more. Includes practical testing and the written exam for WITS certification. Proof of CPR is required for certification to be issued. 30 hour internship required - details will be covered in class. Must be at least 18 years old. Cost of exam (\$150) is included in the fee. Text required - see page 51. (6 or 12 sessions)

69553S.....9/12-10/179 AM-4 PM\$675SOU C121 WITS
69554TTH9/15-10/226-9 PM.....\$675 CTR H228 WITS

Standard First Aid, CPR plus AED

HLTH-8054

Become certified in Adult CPR plus AED – Automated External Defibrillator – and basic first aid. You must arrive on time in order to take the exam. Bring a brown-bag lunch. Presented by the American Red Cross. (1 or 2 sessions)

69546S.....10/24.....9 AM-4 PM\$95SOU C123 American Red Cross
69550W.....10/28-11/46-9:30 PM.....\$95 CTR H209 American Red Cross

MASTERCARD, VISA AND DISCOVER



Phone: 586.498.4000 • Fax: 586.498.4012 • Web: www.macomb.edu