Society of Active Retirees
Fall 2018, October 9–November 16
Greetings from the Director

Welcome to the Fall 2018 semester of SOAR Macomb.

And, yes, I’m still here.

Although retirement is coming, I plan to be around through the fall to be sure the semester goes smoothly and to help our new director get acclimated.

We want SOAR Macomb to continue providing the quality you expect.

It’s a bittersweet time for me, knowing this likely is the last semester that I’ll be arranging classes and seeing the friendly faces of the Society of Active Retirees. Soon I hope to be one of those active retirees.

But until that happens, we have a fall semester ahead that includes a full lineup of classes. I certainly had a great time putting together this schedule, calling on some of our favorite instructors for a return visit and reaching out to a variety of new personalities to offer insight into their areas of expertise.

Here’s a sneak peek at some new offerings:

- Behind-the-scenes look at the Michigan State Police
- What it’s like to represent your state as Miss Michigan
- Do we have or did we ever have the marrying gene
- Electric cars and autonomous vehicles
- Virtues and vices of conspiracy theories
- Music from Kat Orlando and Larry Pinho
- Michigan authors and the impact of the written word
- Rats, spiders and other critters
- Pop culture with a look back at the history of Faygo

As you turn the pages of this catalog, you’ll get a full look at what else SOAR Macomb has to offer this fall.

Enjoy.

See you in October.

And remember: The best thing for gray hair is a sensible head.

Debbie Komar
SOAR Macomb Director
Macomb Community College
Registration Information and Policies for Fall 2018

Introducing SOAR Macomb Online Registration

To access the online registration portal, visit https://www.macomb.edu/soar. You must log in to purchase a membership, and then register for classes. If you have taken SOAR Macomb classes in the past, your information is already in our system! Simply click “Forgot your password?” and enter your email address to have an email sent to you with your login information. If you have not taken SOAR Macomb classes in the past, click “Start Here” next to “New User?” in order to create your account.

Want to register online, but need a little help getting comfortable with the new system? Join us for one of our drop-in online registration sessions to be held at the University Center:

Session 1: Monday, September 17, 10–11am
Session 2: Monday, September 17, 1–2pm
Session 3: Tuesday, September 18, 10–11am
Session 4: Tuesday, September 18, 1–2pm

Registration for our Fall 2018 semester begins Monday, Sept. 17 at 10 am. The semester will run from Oct. 9 to Nov. 16, 2018.

1. The SOAR Fall 2018 membership fee of $75 allows you to register for up to 10 classes. There will be à la carte options available for $10 each, after the start of the first class.
2. Each person must have a membership to attend classes. Memberships may not be shared.
3. Class schedules may not be shared or traded with anyone.
4. Registrations will also be accepted via U.S. mail, and will be processed on a first-come, first-served basis. Please mail forms using enclosed envelope to:
   SOAR Macomb, CCK-128
   Macomb Community College
   14500 E. 12 Mile Rd.
   Warren, MI 48088-3896
5. You will receive a confirmation letter listing all your classes. Carefully review this letter and bring it to each SOAR class. It will list the location of each of your classes.
6. For classes at the Macomb Community College University Center, 44575 Garfield, Clinton Township, see the inside back cover for a map of the Center Campus and University Center. Please review your confirmation letter for all location information. The bus for the Detroit Institute of Arts trip will leave from the Lorenzo Cultural Center on the Macomb Community College Center Campus.
7. Please attend the classes in which you are enrolled. If you discover a conflict with one of the sessions for which you’ve registered, please call the SOAR Macomb office at 586.286.2106, or email SOARMacomb@macomb.edu, to let staff know you will not be able to attend.
8. SOAR Macomb staff will attempt to accommodate changes to SOAR members’ class registrations when possible, but changes are not guaranteed.
9. Before you register, please be aware that refunds will not be granted.

For additional information, please call the SOAR Macomb office at 586.286.2106, or email SOARMacomb@macomb.edu
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<td>Middle Eastern Culture: Cross-cultural Sensitivity Training</td>
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<td>How Jazz Influenced Our Performance</td>
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<td>Estate Planning</td>
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<td>RATS: Residents Are the Solution</td>
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Experience Detroit  
**Tuesday, October 9**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Ian McCain

Take a trip into the past, present and future of Detroit through the eyes of the Detroit Experience Factory. Since 2006, DXF has taken more than 100,000 people on experiences in the Motor City, connecting locals and visitors to Detroit’s people, places and projects. This SOAR Macomb class serves as an introduction to our favorite city, and a taste of things to see on tours, as well as what to see and do in Detroit.

Ian McCain, born in Detroit and raised in St. Clair Shores, attended Central Michigan University graduating with a Bachelor of Science in Administration with a major in Human Resource Management and minor in Leadership. Again a Detroit resident, he has worked as a mortgage banker, tour planner, guide and real estate agent.

Macomb County’s Response to the Opioid Epidemic  
**Tuesday, October 9**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Dominique R. Schroeder

Operation Rx is a countywide collaborative aimed at addressing the opioid epidemic and works to save lives by empowering individuals and communities to prevent and eradicate prescription drug and narcotic misuse and abuse. But what does that really mean? The opioid epidemic is a “multipronged issue that warrants a comprehensive response.” Learn about the efforts key stakeholders are engaging in to alleviate the negative effects of opioid use in the community and how residents across Macomb County can be part of the solution.

Dominique R. Schroeder, manager of Operation Rx, is motivated by being an active agent in the eradication of narcotic drug misuse and abuse throughout the county. She earned a Master of Social Work with a concentration in community, policy and leadership from Wayne State University, and has more than five years experience in substance abuse treatment and prevention, mental health care and community-based coalition work.

Conserving Natural, Agricultural & Recreational Lands in Southeast Michigan for Future Generations  
**Wednesday, October 10**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Chris Bunch

In this new SOAR Macomb class, learn about Six Rivers Land Conservancy and get a basic overview of ongoing land conservation efforts and projects in the region. Also, learn the basics of permanent land conservation techniques for private landowners, including legal and tax implications. Six Rivers Land Conservancy is an agency that works in Oakland, Macomb, Lapeer, Genesee and St. Clair counties in the watersheds of the Belle, Clinton, Flint, Huron, Rouge and Shiawassee rivers to preserve natural agricultural and recreational lands to benefit residents and future generations.

Chris Bunch, executive director of Six Rivers Land Conservancy, has been active as a land and conservation professional for more than 20 years in Michigan and Ohio, running land conservancies and working with private land owners to maintain land in its natural and recreational state. He has served in numerous capacities on public boards and committees including the Macomb Water Advisory Council, the SEMCOG Parks and Recreation Task Force, and the MDNR Blue Ribbon Advisory Committee for State Game Areas.

The Impact of the Written Word  
**Wednesday, October 10**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Diana Kathryn Plopa

Explore the nuances of the literary industry from three points of view: the reader, the writer and the bookseller. Learn about the prevailing trends and options for publication, as well as enhancing the craft as both professional and hobby writers. Have your questions ready.

Diana Kathryn Plopa, author of five books, is an editor, writing coach and independent publisher. She also owns The Grey Wolfe Scriptorium, an independent bookshop in Clawson. When not writing, she enjoys kayaking, hiking with her dogs...and reading.
Film & Discussion: Animal Farm*
Thursday, October 11
10 am–noon (Film)
1–3 pm (Discussion)
Location: UC1–Lecture Hall A
Faculty: Stephen Steinhardt & Laura E. Polizzi, Esq.
*Film and discussion count as one class.

In the morning session of this class, view *Animal Farm*, the 1954 British-American adult animated drama produced by John Halas and Joy Batchelor. Based on the book *Animal Farm* by George Orwell, it was the first British animated feature. The film, as described by IMDb, follows a successful farmyard revolution by the resident animals vs. the farmer that goes horribly wrong as the victors create a new tyranny among themselves. The afternoon class will explore the meaning of the film then and now.

After nearly two decades of public service as an assistant prosecuting attorney, Stephen Steinhardt recently established himself in private law practice. This SOAR Macomb faculty veteran has served as the co-producer of The Macomb County Bar Foundation’s historical mock trial series, held for three years at the Macomb Center for the Performing Arts.

Attorney Laura E. Polizzi focuses her law practice primarily on complex domestic litigation (divorce, custody,aternity, child support, parenting time), but also offers expertise in an array of business and real estate, as well as other litigation. Polizzi, who recently was honored by Super Lawyers as a 2018 Michigan Rising Star, is treasurer of the Young Lawyers Association of the Macomb County Bar Association and secretary of the Macomb County Women’s Lawyers Association of Michigan. She also is fluent in Spanish and speaks Italian.

Hamtramck: Where Worlds Meet
Friday, October 12
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Greg Kowalski

What’s the most diverse city in Michigan? The answer is Hamtramck. It also has the first Muslim majority city council in the nation. The multicultural dynamics of Hamtramck are fascinating and—to some—controversial and even frightening. In this SOAR Macomb class, you’ll explore the interesting and changing city.

Lifelong Hamtramck resident Greg Kowalski is director of the Hamtramck Historical Museum and chairman of the Hamtramck Historical Commission. He’s had a front-row seat to the changes the city has undergone and experienced firsthand the reaction to them.

Medicare: Keep on Learning
Monday, October 15
10 am–noon
Location: UC1–104
Faculty: Rose Ventimiglia, BSN, Med, RN

Can you ever learn enough about Medicare? Just when you think you understand, here comes a change. This popular SOAR Macomb class will offer updates to the status of Medicare and answer questions about it whether you’re getting ready to enroll or have some concerns about your coverage. The session will define Medicare A, B, C and D, and participants can learn the difference between “Observe” and “Inpatient” status, review their Medicare rights, get updates on coverage and have the opportunity to explore ways to fight Medicare fraud. Also, learn more about the necessary reforms to Medicare that could strengthen and secure Medicare for today’s seniors and tomorrow’s beneficiaries.

Rose Ventimiglia, who is a SOAR Macomb repeat instructor, has more than 40 years experience as a registered nurse.

From Queen of the Skies to Maid of All Work: The Story of Post-War B-17s
Monday, October 15
1–3 pm
Location: UC1–Lecture Hall A
Faculty: David Tarrant

The legendary B-17 fought the most desperate air battles of World War II. But unlike many other combat aircraft of the period, the B-17 soldiered on in a multiplicity of roles. While its combat career is well-documented, perhaps its equally important post-war service is less well-known and has been inadequately researched. Learn about the extensive study on this topic and the fresh understanding of this fascinating aspect of aviation history—civilian as well as military.
David Tarrant was educated in the History of Technology and has worked professionally in the truck business throughout most of his career. Along the way this SOAR Macomb veteran instructor maintained a strong avocational interest in aviation (spending 13 years studying B-17s) and automotive history. He also is a student of naval architecture, military history and contemporary developments in science and technology.

Yoga for the Mind: Solving Sudoku Puzzles*

Wednesday, October 17
10 am–noon
Location: UC1–104
Faculty: Mark Weglarski

*Class limited to 25 participants.

Understanding the essence of Sudoku—the technical side—behind the puzzle can only help enhance your solving skills, no matter what your skill level. Learn the basic techniques of mastering these highly addictive, number-placing brainteasers from a Sudoku puzzle designer and author. Don’t be scared off by the numbers. No math is involved in Sudoku puzzles—only logic!

Mark M. Weglarski is Professor Emeritus of Economics at Macomb Community College. Educated on three continents, he has attended four universities, including Wayne State. His nearly four decades of teaching assignments include positions at two universities, two business schools and two junior colleges. For the past dozen years, he has been designing and compiling puzzles, especially Sudoku—or MarkSuDoku—puzzles.

Seniors Staying Sharp*

Wednesday, October 17
1–3 pm
Location: UC1–104
Faculty: Marcia Relyea

*Class limited to 35 students.

Need to sharpen your skills? Get ready to learn. This popular SOAR Macomb class provides participants the opportunity to learn and experience the key ingredients for brain fitness. Become informed about the latest research on the marvelous brain we have, and learn specific activities that will shore us up as we age.

Marcia Relyea has a bachelor’s degree from Michigan State University and a master’s degree and Graduate Certificate in Gerontology from Wayne State University. Married more than 50 years, she and husband Doug have four children and six grandchildren. She loves music, travel, swimming, reading... and being semi-retired.

Thursdays at the Museum*

Thursday, October 18
11:30 am–4 pm**
Location: Detroit Institute of Arts
Faculty: DIA Staff

*Class limited to 45 SOAR Macomb members. Wear comfortable shoes for walking throughout the museum.

**The bus for the DIA departs at NOON from the Lorenzo Cultural Center, adjacent to the Macomb Center for the Performing Arts at Garfield and Hall roads in Clinton Township.

Discover your own artistic talents at the Detroit Institute of Arts during the Thursdays at the Museum special day just for seniors. We’ll travel by motor coach from the Lorenzo Cultural Center to the DIA and spend the afternoon creating artwork and exploring the great works of art housed in our own local treasure. The day ends with complimentary cookie masterpieces served with beverages before we board the bus for the return trip to the Lorenzo Cultural Center.

The DIA bus will depart the Lorenzo Cultural Center at NOON sharp. Please arrive by 11:45 am. We’ll leave the DIA by 3:15 pm and return to the Lorenzo Cultural Center, depending on traffic, between 4 and 4:30 pm. Other than the complimentary cookies and coffee served at the DIA, there is no food/meal included with this excursion. Café DIA is open until 2:30 pm for food purchases. NO outside beverages—including bottled water—may be brought into the DIA.

Pop Culture: The Faygo Book

Friday, October 19
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Joe Grimm

Red Pop. Rock & Rye. Root Beer. What do those words mean to Detroiters? Faygo, of course. But how many know that Russian immigrant brothers named Feigenson created Faygo and ran the company for 40 years before handing it off to their sons? What ingredients go into pop and Faygo’s rainbow of flavors? Learn some pop culture from the author of The Faygo Book, a story of a pop, a people and a place. The stories will tickle the taste buds and refresh memories of Detroiters and Faygo lovers. Be prepared for a pop quiz!

Joe Grimm wrote The Faygo Book after building a tremendous thirst on his Wayne State University Press book Coney Detroit written with Katherine Yung. Grimm, a lifelong Detroit-area resident, is a Michigan State University professor who worked 25 years at the Detroit Free Press. With his students or by himself, Grimm has published more than 20 books. His favorite Faygo flavor? Rock & Rye.
Brain Neurobics  
Friday, October 19  
1–3 pm  
Location: UC1–Lecture Hall A  
Faculty: Jeffrey Madak

A SOAR Macomb favorite returns. The goal of Brain Neurobics is to force stimulation of the brain so it will grow new cells and make new connections. It makes the brain more agile and flexible. In this class, you’ll learn activities that shake up your routine and use your senses in unusual ways.

Jeffrey Madak, Senior Executive Director for Waltonwood at Main, has been working with seniors for more than 20 years. He’s a father, coach and active speaker/advocate for seniors and their related concerns.

Middle-Eastern Culture:  
Cross-Cultural Sensitivity Training  
Monday, October 22  
10 am–noon  
Location: UC1–Lecture Hall A  
Faculty: Walid Gammouh

Throughout the 20th century and continuing today, the Detroit area has attracted a steady stream of immigrants from the Middle East. To help those in need of assistance, a group of community members founded the Arab American and Chaldean Council in 1979. This nonprofit human service organization continues to provide services to the Middle Eastern and mainstream communities in Southeast Michigan. The ACC’s efforts include building cooperation and understanding, increasing cross-cultural understanding through education and delivering human services, counseling, opportunities, and empowering through employment training and placement. Get an overview of ACC and its efforts to build a solid foundation for cross-cultural understanding and Middle Eastern culture. You may learn a few Arabic phrases in this SOAR Macomb class.

Walid Gammouh, LMSW, SSW, is a consultant for the Arab American and Chaldean Council. He holds degrees from Wayne State and Spring Arbor universities and has worked in the Oak Park School District and Lamphere Schools. He developed many after-school tutoring programs for Iraqi and Syrian refugees and has extensive experience in mental health, addiction treatment, family treatment, cross-cultural sensitivity training, and is known internationally for his work.

How Jazz Influenced Our Performance  
Monday, October 22  
1–3 pm  
Location: UC1–Assembly Hall  
Faculty: Kat Orlando Pinho & Larry Pinho (Kat Orlando Duo/Band & Hidden Agenda Band)

Get in the groove with this SOAR Macomb class that’s sure to be a listening and learning experience. This talented husband-and-wife team of performers will explain how guitar and sax play a dominant role in popular music, providing examples through musical performances.

Guitarist Larry Pinho, leader of Hidden Agenda Band, also is a member of the Ferris State University Alumni Jazz Band, Northwestern Michigan College Big Band and former guitarist of the Stardusters Jazz Big Band in Clarkston. Kat Orlando provides vocals and music on the sax and flute. She performs in Hidden Agenda with husband Larry, and her band Kat’s Funkaholic & Duo and is a recording artist with digital and CD releases. Kat Orlando was mentored by bebop musician George Keith.

Politically Speaking  
Tuesday, October 23  
10 am–noon  
Location: UC1–Lecture Hall A  
Faculty: Chad Selweski, Anthony Forlini & Macomb County Executive Mark Hackel

Join one of SOAR Macomb’s most popular classes as our trio of experts delves into the latest political news, local and national. Will President Trump’s reign be the dominating factor in congressional elections for the House and Senate? Who’s going to be Michigan’s next governor? What’s the latest Tweet from the White House? Bring your questions, comments and concerns as the SOAR Macomb political party continues. Be ready for a discussion.

Award-winning multimedia journalist Chad Selweski returns to SOAR Macomb, as do former State Rep. and Harrison Township Supervisor Tony Forlini and Macomb County Executive Mark Hackel.

Selweski reported on politics for The Macomb Daily for more than three decades and continues to add to his more than 50 journalism awards. In addition to covering numerous campaigns, he’s interviewed such national figures as President George H. W. Bush, Hillary Clinton and Mitt Romney.

Forlini is Operations Manager for the Macomb County Public Works Department. He was Harrison Township Supervisor from 2004 to 2010, served in the state House from 2010 to 2016, and ran in the 2016 Republican primary to replace Candice Miller in Michigan’s 10th Congressional District.

Born and raised in Macomb County, Hackel graduated from Warren Consolidated Schools and holds degrees from Macomb Community College and Wayne State and Central Michigan universities. His career in law enforcement began in 1981 as a dispatcher with the Macomb County Sheriff’s Department, and he was elected sheriff in 2000. In 2010, Hackel was elected Macomb County’s first County Executive. His “Make Macomb Your Home” campaign promotes the county as “a great place to live, work, play, raise a family and grow your business.”
**Astronomy: Seeing Stars**  
**Tuesday, October 23**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Warren Astronomical Society

Look up and explore a new world as members of the Warren Astronomical Society gaze at the past, present and future of astronomy. With these astronomy experts, discover and discuss the amazing things about this interest as a hobby. Get some fun “factoids.” Look through a special solar telescope (weather permitting). Learn how to see stars and get involved in this pastime as you discover that astronomy is for everyone.

Warren Astronomical Society members Bob Berta, Angelo DiDonato and Ken Bertin have more than 150 years combined experience in astronomy as a hobby. Two have served as president and in other office positions of astronomy clubs in Michigan and California, and one is in charge of the astronomy program for Boys and Girl Scouts in Southeast Michigan.

**Eight Dimensions of Wellness**  
**Wednesday, October 24**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Asha Shajahan, MD, MHSA

Wellness is being in good physical and mental health. Because the two are linked, problems in one area can affect the other. It’s important to make healthy choices for both your physical and mental well-being. But health is not limited to physical and mental. There are eight dimensions to wellness: emotional, spiritual, intellectual, physical, environmental, financial, occupational and social. Learn how to improve these eight areas to live your best life now.

Asha Shajahan, MD, MHSA, Medical Director of Community Health, Beaumont Hospital, Grosse Pointe, is a board-certified family physician. She is an assistant professor in the Department of Family Medicine and Biomedical Sciences at Oakland University William Beaumont School of Medicine. She has a master’s degree in Health Services Administration and was a 2017 Crain’s Detroit 40 Under 40 winner for her work in disparities. Dr. Shajahan is dedicated to educating physicians on improving community health through understanding the social determinants and cultural dexterity.

**Estate Planning**  
**Wednesday, October 24**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Christina S. Ayar & Elizabeth A. Ferguson

It’s never too early or too late to learn about estate planning. This SOAR Macomb class will explore ways that you can easily leave a legacy that ensures your wishes are honored for your family and community. From wills to trusts and annuities, learn about the many planned giving vehicles that allow you to make a lasting impact.

Christina S. Ayar is Director of the Macomb Community College Foundation. She joined the Foundation in 2014 after serving as Director of Annual Giving at the University of Michigan-Dearborn and Manager of Annual Giving at Wayne State University. Ayar holds degrees from Wayne State University and has a Limited License in Professional Counseling.

Elizabeth A. Ferguson, a licensed Michigan attorney since 1998, has her own practice in Mount Clemens. She handles cases in the areas of family law and probate, and serves as a court-appointed attorney and Guardian Ad Litem for the Macomb County Probate Court. Ferguson holds degrees from Macomb Community College, Wayne State University and WSU Law School. She served as Associate Vice President of Human Resources at Macomb Community College and is an adjunct faculty member, teaching Legal Procedures for the Legal Assistant Program and Business Law.

**RATS: Residents Are the Solution**  
**Thursday, October 25**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Jan Bills

Royal Oak. Warren. Ferndale. Berkley. The war on rats in our communities continues. With their continually growing teeth, these long-tail rodents can gnaw their way through cement, brick, siding, and easily squeeze into the tightest spaces, including the pipes draining your toilet. They’re great swimmers and can hold their breath for up to three minutes (so keep the toilet lid closed). How do we get rid of them? Rat poison can be an environmental hardship and harmful to children and domestic pets. In this SOAR Macomb class learn about the overpopulation of rats in our cities and how to prevent and humanely control it (without poison).

Jan Bills, author of Late Bloomer, is a certified landscape designer, advanced master gardener, entrepreneur and contributing writer for State-By State Gardening magazine. She also served on the Environmental Advisory Board for her community. After a successful career in the corporate world, she made a major life reassessment and followed her heart by starting the Detroit-area landscape design company Two Women and a Hoe (twowomenandahoe.com).

**Caldecott Winners: 80 Years of America’s Most Distinguished (and Occasionally Bizarre) Picture Books for Children**  
**Thursday, October 25**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Kerri Dettmer

Since 1937, the Caldecott Medal has been presented to the best children’s illustrated book published in the preceding year. Classics like *The Snowy Day* or *Where the Wild Things Are* appear, but there are some odd winners.
and equally surprising ones left out. Looking at these books gives a snapshot of how children’s literature has changed and grown over the decades. Join this SOAR Macomb class to visit some of your old favorites and look at what’s happening today.

Kerri Dettmer has been an adjunct instructor of English at Macomb Community College since 2000 and been part of the SOAR Macomb faculty since 2014. She is an alumna of Oakland University with majors in English and performing arts... and is owned by her two cats, Captain Hook and Crookshanks. As an avid book lover for as long as she can remember, Dettmer has a particular soft spot for children’s literature.

Flavors of Fall*
Friday, October 26**
1–3 pm
Location: Center Stage Restaurant at The Lorenzo Cultural Center (adjacent to Macomb Center for the Performing Arts)
Faculty: Chef Angelo Loria
*Class limited to 35 participants
** Due to limited seating and popularity, members who have taken this class within the last two semesters are asked to refrain from registering this time.

Warm up to fall with fresh and flavorful recipes that will take you from the first chill to the festive holiday season ahead. In this popular class presented by Vince & Joe’s Gourmet Market, be ready for a menu that features the bounty of the fall harvest with its warmth of taste and color. Not only will you learn about food preparation, but you’ll also get to sample the dishes prepared. You might want to skip lunch this day! **No beverages provided; please bring your own bottled water.**

Chef Angelo Loria, Executive Chef for Vince & Joe’s Gourmet Market, holds a degree in Culinary Arts, Pastry Arts and Restaurant Management from Macomb Community College. He also has a bachelor’s degree in computer engineering from Oakland University. Sustainability and responsible farming are important to Loria, who also was Executive Chef at the Fox Theatre in Detroit.

Meet General Alexander Macomb
Monday, October 29
10 am–noon
Faculty: Dan Heaton
Location: UC1–Lecture Hall A

As the Countywide Bicentennial Celebration continues through 2018, it’s time to learn more about the man whose name this region bears. Born in Detroit, General Alexander Macomb was a raw Army recruit at the age of 16 who progressed through the ranks to triumph at the Battle of Plattsburgh in the War of 1812. He went on to his ultimate position as Commanding General of the U.S. Army. Learn about the impact he made and how Macomb became the namesake of Michigan’s third county.

Recycling: Toss or Turn?
Monday, October 29
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Victoria Czapski

Don’t be confused about recycling. This SOAR Macomb class will provide some background on sustainability and help clarify what to place in the recycling container, what you can recycle curbside, identify some of the challenges in recycling, and why some items are difficult to recycle. Learn, too, where it goes once it leaves the curb, how a Material Recovery Facility works and discover some new challenges to recycling.

Victoria Czapski, Community Education Coordinator for GFL Environmental USA Inc., is a cum laude graduate of Central Michigan University with a Bachelor of Science in Education. She has been with GFL for five years, teaching all age groups about sustainability/recycling, along with organizing and scheduling presentations. She also taught at St. Clement Catholic Junior High School, Detroit Academy of Arts and Sciences and Troy School District’s summer school program.

Aviation in Action: Turning the Tide in the Pacific, April 1942-April 1943
Tuesday, October 30
10 am–noon
Location: UC1–Lecture Hall A
Faculty: David Tarrant

The year-long period between April 18, 1942 and April 18, 1943, encompasses the gradual turning point of the Pacific War. The story begins with the legendary Doolittle carrier raid on Japan and ends exactly one year later with the death of Admiral Yamamoto at the hands of Intercepting P-38 Lightning Aircraft. While maintaining context with sea and ground actions, the emphasis is on the role aviation played for both Japan and the Allies. With new research material added in this course, learn how the Midway victory was but one in a series of interconnected events that collectively changed the course of the war.

David Tarrant was educated in the History of Technology and has worked professionally in the truck business throughout most of his career. Along the way this SOAR Macomb veteran instructor maintained a strong avocational interest in aviation and automotive history. He also is a student of naval architecture, military history and contemporary developments in science and technology.
Your Michigan State Police
Tuesday, October 30
1–3 pm
Location: UC1–Lecture Hall A
Faculty: F/Lt. Michael Shaw

During World War I—April 19, 1917—Governor Albert Sleeper created the Michigan State Troops Permanent Force (also known as the Michigan State Constabulary) as a temporary wartime emergency force for domestic security. This new force comprised five troops of mounted, dismounted and motorized units, totaling 300 men. On March 26, 1919, Public Act 26 reorganized the Constabulary as the permanent, peacetime Michigan State Police. Learn about today’s MSP and its modern-day force of law enforcement professionals who use the latest up-to-date training and technology to protect the citizens of Michigan.

F/Lt Michael Shaw joined the Michigan State Police in May 1995 and has served at the Caro, Metro North and South posts, and Downriver Area Narcotic Organization. He’s currently Commander of the Special Enforcement Section (those who watch local television newscasts may recognize F/Lt Shaw as a spokesman for MSP). He’s a graduate of the 264th FBI National Academy and the 9th Class of the MSU School of Staff and Command.

Little Critters: Ways to Better Share the Planet
Wednesday, October 31
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Michael Reed

Even though they may be small in size, bugs and their role in the environment are often overlooked and undervalued. Take a peek into the fascinating world of bugs that surround us and what some of our smaller critters can do to make us better stewards of the planet. This class, presented by the Detroit Zoo, may give you a new respect for the value of these “tiny wonders.”

For more than 25 years, Michael (Mike) Reed has been making people aware of the value of some of the earth’s smallest critters. He has mentored students of all ages, earning the nickname “Spiderman” from local elementary school students. Reed is Curator of Education—Informal Programs for the Detroit Zoological Society and a returning SOAR Macomb instructor.

Border Security: Past & Present
Wednesday, October 31
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Richard Gordon

This new SOAR Macomb class will focus on the history and evolution of border security, past to present. Join in the discussion related to the efforts, strategies, participating agencies, legalities, economic impacts, political issues, cultural aspects and technology used to protect the borders of the United States.

Richard (Rick) Gordon, Special Operations Supervisor, U.S. Border Patrol, is a 24-year veteran of the U.S. Border Patrol, patrolling both the southern and northern borders of the United States. He has held such positions as Patrol Supervisor, Supervisor of Marine Operations, Intelligence Unit Supervisor, Executive Officer, Asset Forfeiture Unit Supervisor and Watch Commander. He also is the Command Chief Master Sergeant for the 100th Attack Wing of the Michigan Air National Guard. Gordon attended Macomb Community College and went on to earn bachelor’s and master’s degrees from Central Michigan University as well as a Post Graduate Certificate in Higher Education from Oakland University.

Those Scammers, Hackers & Hooligans!
Thursday, November 1
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Melanie Duquesnel

Here’s more of what you asked for from the Better Business Bureau. The BBB’s mission—to keep our marketplace trustworthy—has traveled some bumpy terrain over the last 100 years. In this SOAR Macomb class, learn how to navigate around situations that are meant to steal your personal identity as well as your hard-earned money. Remember: You are your best defense.

Melanie Duquesnel has been with the BBB for the last eight years as President & CEO serving Eastern Michigan and the Upper Peninsula. Her life experiences include owning Dairy Queens to lending money to large manufacturing companies. Throughout her career, she has been driven to connect those in need—from customers to strangers. Prior to that, her 20-year career in banking showed her the good, the bad and the ugly of what our marketplace can dole out to all. Using her experience to keep our marketplace safe drives her every day and each day the BBB drives her to make our marketplace trustworthy through solid communication and business relationships.

Stories in Stones
Thursday, November 1
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Dr. Tim Schmig

In this new SOAR Macomb class, you’ll travel to Washington, D.C.... and not leave your seat. This visual tour of the nation’s capital highlights the heritage of our country found in the monuments and manuscripts. Rather than interpret, the pictures will speak for themselves.

Dr. Tim Schmig, the Executive Director of the Michigan Association of Christian Schools, spends a lot of time in Lansing and Washington, D.C. meeting with elected officials and presenting the case for Christian Schools and Religious Liberty. He earned a Master of Ministry from Northland Baptist Bible College and received a Doctor of Letters from Maranatha Baptist Bible College.
Albert Kahn: Detroit’s Architect

Monday, November 5
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Wendy Evans

Enjoy a look at some of the more than 400 structures Albert Kahn built in the Detroit area. Then go beyond the city to trace how this modest immigrant with only an elementary school education went from obscure beginnings to world renown. His innovations changed how factories were built, making them crucial to the rise of the auto industry and in enabling Detroit to become the Arsenal of Democracy. For more information, visit http://www.art-talks.org.

Art historian Wendy Evans (a SOAR Macomb favorite) has advanced degrees from Oxford University in England and Wayne State University in Detroit. She has been teaching about art for SOAR Macomb since 2015, and is a volunteer at the DIA.

Recognizing & Preventing Identity Theft

Tuesday, November 6
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Brittany Tucker

It’s in the news daily. Someone, often a senior citizen, has been conned out of their life savings or a good portion of it by a scam artist. Maybe they’ve unwittingly given a friendly “contractor” a substantial up-front deposit for work that never gets done. Or they’re talked into a get-rich-quick scheme. In this SOAR Macomb class, learn how to identify financial exploitation of seniors, and recognize high-risk situations and where to go for assistance.

Attorney Brittany Tucker of Lakeshore Legal Aid is experienced in a wide range of civil legal representation, specializing in helping survivors of domestic abuse and elder abuse. A Michigan State University Law School graduate, she dedicates herself to working with low-income people in their neighborhoods, becoming part of their communities and part of the solution to their legal needs. Tucker will not be able to provide private/individual legal advice in this class.

America’s Top 10 Most Significant Presidential Elections

Tuesday, November 6
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Armando Delicato

The United States was unique after the Revolution because it elected its head of government. The evolution of democracy has maintained America’s position as the standard of freedom in the world. Presidential elections, though often contentious, have reflected what it means to be a democracy. Learn more about our country’s presidential history in this SOAR Macomb class.

Race to Space

Wednesday, November 7
1–3 pm
Location: UC1–Lecture Hall A
Faculty: John Lind

“That’s one small step for (a) man, one giant leap for mankind.”

It’s been nearly 50 years since astronaut Neil Armstrong spoke those words when he became the first man to walk on the moon after Apollo 11 launched July 16, 1969 from Kennedy Space Center in Florida.

Becoming Miss Michigan & Keeping the Arts in Education

Monday, November 5
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Heather Kendrick, Miss Michigan 2017

Join Miss Michigan 2017 and Marysville native Heather Kendrick as she offers insight into serving as a spokesperson for the state of Michigan, competing at the Miss America competition, and addresses how the arts are a vital component to every person’s education.

Heather Kendrick is a violinist and University of Michigan graduate with degrees in Music Education, Violin Performance, and the study of Organizations. She served as Miss Michigan 2017 and was thrilled to represent her beloved Michigan on the Miss America stage. As an arts professional, she has worked as Program Director for the M-Prize Competition, the world’s largest competition for chamber music, and as Operations Director for the Cambridge International String Academy at the University of Cambridge, U.K. And did you see her on America’s Got Talent with Detroit’s electro-pop violin band NUCLASSICA?

Picture This: Your Vacation

Wednesday, November 7
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Dennis L. Calhoun

Planning a winter getaway? Or maybe you’re thinking ahead to next summer’s family vacation. There’s no better time to learn how to take better travel photos from a professional photographer. Discover composition methods that work. And then explore fun and practical things to do with your travel photos.

Dennis L. Calhoun trained and worked in journalism and photojournalism. He was involved in the publications business for the government, and he publishes photography and camera information online.
The lunar module touched down on the moon’s Sea of Tranquility at 4:17 p.m. Those were exciting times for America’s space program. Take a look back at what’s happened to the space program in those five decades and what lies ahead.

John Lind, Director of the Arsenal of Democracy Museum, is a veteran of the United States Marine Corps, Air Force and Navy. He’s a master parachutist, senior parachute rigger and engineering officer for the World War II airborne demonstration team. A Jumper Master, Lind holds 24 international jump wings.

**Vagueness & Fuzzy Logic**  
**Thursday, November 8**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Bradley G. Wakefield

What number of hairs would classify a person as bald? What height must I be in order to be classified as tall? These terms, like many others, are vague. But what is vagueness and why is it important? In this SOAR Macomb class, explore the nature of vagueness and why we all need to worry about it.

Bradley G. Wakefield teaches a variety of philosophy courses at Macomb Community College. His research has been focused on the philosophy of language and philosophy of mind, specifically with problems of conscious experience.

**Introduction to Chair Yoga & Mindfulness**  
**Thursday, November 8**  
1–3 pm  
**Location:** UC1–Assembly Hall  
**Faculty:** Theresa May and Amanda Hodge

*Class limited to 50 participants. Those enrolled should dress comfortably, preferably in layers, to participate in chair yoga, and should be prepared to remove their shoes.

Santosha Yoga returns! This favorite SOAR Macomb class is for everyone, but especially those whose mind is intrigued by yoga but the body isn’t as willing. Perhaps you’re recovering from an injury that limits mobility, or you have a disability but still need to keep your body and mind active. Chair yoga may be for you. It’s ideal for those who want to keep their body in the best condition possible at any age. Chair yoga is a unique yoga style that adapts yoga poses with the use of, naturally, a chair. This interactive class also explores the benefits of meditation and mindfulness in reducing stress and building resilience.

Theresa May, RYT 500, has been teaching yoga since 2004 and a student of it for more than 17 years. She opened Santosha Yoga Studio in Chesterfield to share the benefits of yoga and meditation that have changed her life. May believes that yoga, which can be described as a physical, mental and spiritual practice that aims to transform body and mind, is for everyone.

Amanda Hodge, RYT 200, dabbled in yoga for years but believed she wasn’t the right size, didn’t have the patience for it, wasn’t flexible enough and wondered how someone could teach her to breathe. Her life changed when she took yoga teacher training and realized that yoga is for everyone, and she is now sharing her journey.

**Yoga for the Mind: Solving Sudoku Puzzles (Advanced Techniques)**  
**Friday, November 9**  
10 am–noon  
**Location:** UC1–104  
**Faculty:** Mark Weglarski

*Class limited to 25 students.

Focus on the advanced Sudoku solving techniques that are seldom understood and/or utilized by Sudoku aficionados. Completing the sequence of basic Yoga for the Mind: Solving Sudoku Puzzles (SOAR Macomb class Oct. 17) will improve your solving skills and provide a better understanding of the limitless challenges offered by this remarkable numeric puzzle.

Mark M. Weglarski is Professor Emeritus of Economics at Macomb Community College. Educated on three continents, he has attended four universities, including Wayne State. His nearly four decades of teaching assignments include positions at two universities, two business schools and two junior colleges. For the past dozen years, he has been designing and compiling puzzles, especially Sudoku—or MarkSuDoku—puzzles.

**Automotive Megatrends—Autonomous & Electric Vehicles**  
**Friday, November 9**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Bob Feldmaier

What better location than the Motor City area to learn about the latest in automobiles? There are two megatrends affecting the auto industry today: autonomous vehicles and fuel economy/emissions standards driving electrification. Each of these megatrends has subset trends influencing the megatrends. Discover and explore what is causing these and how they intersect.

Bob Feldmaier has been Director of the Center for Advanced Automotive Technology at Macomb Community College since August 2012. In 2008, he retired from Chrysler Corp. where he was Chief Engineer for 22 years and also served as a Chief Engineer at Tesla Motors from 2008 to 2009 where he was responsible for the Model S. He holds a bachelor’s degree in Mechanical Engineering from Purdue University and an MBA from Wayne State University.
**Interesting Things on the Internet**  
**Monday, November 12**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Wesley Arnold

Do you get lost searching the Internet? Would you like to do more but aren’t sure how? This SOAR Macomb class may help you learn to find what you’re looking for and discover some other interesting things along the way, too. And you’ll also be given a list of many of the best items along with those tips on searching. Bring your questions!

*Wesley Arnold has been teaching about technology and the Internet for 20 years at Macomb Community College. He also has done Internet research for the 136 books he’s compiled.*

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**Van Hoosen Archaeology**  
**Monday, November 12**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** Deborah J. Remer

From 1988 to 2008 an archaeological excavation was conducted at the Rochester Hills Museum at Van Hoosen Farm. First settled in 1823, the site included the 1823 log cabin, 1840 farmhouse, 1874 big barn and other areas that are part of this nationally registered historic site. Discover more about this piece of history that’s right in our own backyard.

*Debbie Remer taught middle school science for almost three decades and has volunteered at the Rochester Hills Museum at Van Hoosen Farm for 30 years. She has written a number of publications for the museum, hosted tours, presented programs, and serves as tally keeper for the Rochester Grangers Vintage Base Ball team. She is author/editor of Into the Fertile Valley of Stony Creek, a detailed history of this site and its artifacts that is available to all.*

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**What is the Quran?**  
**Tuesday, November 13**  
10 am–noon  
**Location:** UC1–Lecture Hall A  
**Faculty:** Steve Mustapha Elturk

What does the Quran teach? Some may believe it instructs observant Muslims to despise non-believers and kill infidels and subjugate women, or that it’s a hate-filled holy book. This SOAR Macomb class will use authentic sources to explore what the Quran really is. Learn about its period of revelation, history, objects, and philosophies and principles, along with other relevant subjects. The goal is to provide students with a comprehensive view of the Quran so they may learn to appreciate the book that is sacred to more than 1.7 billion Muslims worldwide.

*Steve Mustapha Elturk, the Imam and President of the Islamic Organization of North America in Warren, is completing his master’s degree in Social Justice at Marygrove College. He serves on the advisory board of the Michigan Coalition of Human Rights and is a founding member of the American Human Rights Council. He served on the boards of the Interfaith Center for Racial Justice (ICRJ) of Macomb County and the Interfaith Leadership Council of Metropolitan Detroit (IFLC). Imam Elturk is a publicly engaged Muslim leader and a leading interfaith activist in the Detroit area.*

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**FBI 101: An Overview**  
**Tuesday, November 13**  
1–3 pm  
**Location:** UC1–Lecture Hall A  
**Faculty:** FBI Special Agent Mara Schneider and FBI Community Outreach Specialist Will Council (and others from the Detroit FBI Division)

Get an inside look at the operation of the Federal Bureau of Investigation, its mission and structure. This presentation for SOAR Macomb will include crime prevention material and an interactive fingerprinting demonstration. Also learn about FBI career opportunities.

*FBI Special Agent Mara Schneider and FBI Community Outreach Specialist Will Council will be joined by other agents from the Detroit FBI Division.*

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**Theatre as Documentary:**  
**A New Examination of Jonestown* **  
**Wednesday, November 14**  
1–4 pm (Note the extended time for this class)  
**Location:** UC1–Lecture Hall A  
**Faculty:** Cast & Creative Team of Puzzle Piece Theatre’s 2017 production of The People’s Temple

*Please be aware that this class is of intense and controversial subject matter and contains strong and provocative language. Also note that the session continues until 4 pm.

Emmy nominee Leigh Fondakowski spent more than three years researching and traveling the country interviewing survivors of The Peoples Temple, the cult that ended tragically with 918 dead in the jungles of Guyana in November 1978. Fondakowski took the recordings of those interviews and created a documentary theatre piece to shed new light on the group’s members and to share their often-conflicting stories. Puzzle Piece Theatre produced the Michigan premiere of Fondakowski’s play in fall 2017. In this SOAR Macomb class, join the cast and creative team for a conversation on Jonestown, learn about research for the project, and watch as the actors give life to the words of Jim Jones and his followers.

*Puzzle Piece Theatre, founded by Producing Artistic Director D.B. Schroeder in 2011, is dedicated to “storytelling that re-imagines what is possible in live performance.” Since then, as its work has become known as “fresh, bold and provocative,” the group often presents Michigan premieres. The cast of The People’s Temple featured 11 of the area’s finest professional actors portraying more than 50 temple members. Director Schroeder’s past work has garnered nominations for both Broadway World Detroit and the Wilde Awards (Michigan’s professional theatre awards).*
The 12 Elements to Proper Bird Feeding

Thursday, November 15
10 am–noon
Location: UC1–Lecture Hall A
Faculty: Bob Gors

Creating an inviting habitat in your yard by providing food and water really does make a difference to birds. In this SOAR Macomb class, review how to choose the best feeders, good quality foods and the best location for your bird feeding stations. Also learn how to deal with unwanted visitors that eat all your food and ruin your feeders. Take notes so you can enjoy your birds.

Bob Gors and his wife Pam have owned Wild Birds Unlimited Macomb for more than three years. Both have a passion for the outdoors and enjoy feeding the birds. They love to share this passion and knowledge of birds.

The Marrying Gene: Do We Still Have It? Did We Ever?

Thursday, November 15
1–3 pm
Location: UC1–Lecture Hall A
Faculty: Professor Mary Meier, MA

Strategies for pair bonding seem as if they are set in stone: We fall in love, we marry, we have children. What many don’t realize is that the idea is a 19th-20th century Western phenomena and not at all the way things were in the past or are done in many other locales. Even here in the United States, we see changing viewpoints on the appropriate cultural behavior for “hooking up,” as the vernacular calls it. This class will offer suggestions on answers to these questions: Where were we, where are we (globally) and where are we going?

Mary Meier has been a professor of anthropology and archaeology at Macomb Community College for more than a decade. Although her main focus is archaeology, Meier has been teaching anthropological ideas of marriage and gender roles to her students, as well as looking with them at the newly acceptable cultural roles that we find in our society. Current projects include editing the Pompeii Food and Drink database and the Macomb Historic Cemeteries database.

Core Values in IT Security Business

Friday, November 16
10 am–noon
Location: UC1–Lecture Hall A
Faculty: John Kelley

Learn how to establish trust in an organization with IT security (also known as cybersecurity, or computer security which means the protection of computer systems from theft or damage to their hardware, software or electronic data, as well as from disruption or misdirection of the services they provide). Also discover how to change the culture in IT security. Then get some helpful hints to become more secure and “keep the bad guys away.”

John Kelley is a former Captain and Instructor Pilot in the United States Air Force. He is an IT security professional who “loves to beat the bad guys/gals and protect the good ones.” He has been employed for seven years at Sequris Group (Great Lakes President and sales leader), leading sales for the company’s new offerings to improve IT security programs for clients and prospects.

Music of the Great Depression

Friday, November 16
1–3 pm
Location: UC1–Assembly Hall
Faculty: Stu Johnson

Let’s end the SOAR Macomb semester on a musical note learning about songs of the Depression Era. While the country and the world turned upside down with the stock market crash in 1929, the great composers kept churning out songs that helped folks temporarily forget their troubles. Tunes like “Happy Days Are Here Again,” “Life Is Just a Bowl of Cherries” were among them, while “Brother Can You Spare A Dime” and “Ten Cents a Dance” spoke to the woes of the Depression itself.

In 2007, Stu Johnson began lecturing on jazz-inspired topics throughout the Detroit area and elsewhere, at libraries, for senior organizations, at University of Detroit-Mercy, and at an international convention of jazz record collectors. His talks number more than 150, and concentrate on the music of the 1920s, ‘30s and ‘40s.
Have you reached an age where living alone or maintaining a home has become too much?

At Oakmont Parkway we offer independent seniors the lifestyle you’re accustomed to, just without some of the everyday challenges you may be facing. As an active senior, you realize that you can look after most of your own needs but would enjoy added social, recreational and cultural experiences now that you are retired.

Oakmont Parkway strives to create a dynamic retirement lifestyle that increases the well-being and vitality of all of our seniors while our conveniently located community keeps you safe and close by.
### Michigan Opera Theatre — Dress Rehearsal: *Eugene Onegin*
**Thursday, October 11, 2018**
9:30am – 4:30pm  •  $52

Based on the classic novel by Alexander Pushkin, *Eugene Onegin* is the tragic tale of love and loss amongst the backdrop of 1820s Russian aristocracy. The opera, one of Tchaikovsky’s most beloved, is known for its rich orchestration and beautiful melodies. The production, which will be performed in Russian (with supertitles), will be conducted by MOT Principal Conductor Stephen Lord. Lunch will follow the performance at a choice downtown restaurant.

### The Whitney — Ghost Stories **SOLD OUT**
**Thursday, October 25, 2018**
9:30am – 2pm  •  $62

Visit the Whitney to see the elegance of the iconic lumber baron’s mansion and learn the history along with the famous ghost stories. After the tour, a gourmet lunch of chicken piccata with whipped potatoes will be served at the mansion, to be followed by a selection of miniature desserts and coffee.

### Michigan Opera Theatre — Dress Rehearsal: *The Barber of Seville** **SOLD OUT**
**Thursday, November 8, 2018**
9:30am – 4:30pm  •  $52

Gioachino Rossini’s *The Barber of Seville* is a prequel to Mozart’s *Marriage of Figaro* story. It tells the story of Count Almaviva courting Rosina, his beloved, with the help of his clever and witty barber, Figaro. Performed in Italian (with English supertitles), this upbeat comedic tale contains some of the most well-known pieces of music in history. Lunch will follow the performance at a choice downtown restaurant.

### Meadow Brook Hall — Holiday Tour** **SOLD OUT**
**Tuesday, November 27, 2018**
**Wednesday, November 28, 2018**  LIMITED SEATS AVAILABLE
10:30am – 2pm  •  $43

Explore Meadow Brook Estate at its most festive and view its holiday splendor. After guests stroll through the enchantingly ‘decked’ hall on a self-guided tour of its fine furnishings and décor, they will enjoy a hearty plated lunch at the estate. LIMITED SPACE AVAILABLE—BOOK TODAY! (*One bus only due to rules on groups at the Estate*)

*The Meadow Brook tour is a walking tour of the grounds and the estate (self guided after a welcome and introduction on background history of the estate and how to move about it to see its grandeur). This will require some level of mobility.*

### Detroit Institute of Arts — Guided Tour: In the Garden**
**Wednesday, March 20, 2019**
9:30am – 2:30pm  •  $15

Tour and bus accommodations only — does not include lunch

You will be surprised to learn the hidden meanings and symbolism behind images of flowers, plants, and gardens through a guided tour of the DIA collection. Guests will have the opportunity to purchase lunch from the esteemed Café DIA or gourmet, light fare from the Kresge Court.

**The DIA trip is to view artwork in the galleries about gardens not in a garden at the DIA**

### Michigan Opera Theatre — Dress Rehearsal: *Hansel and Gretel** **LIMITED SEATS AVAILABLE**
**Thursday, April 4, 2019**
9:30am – 4:30pm  •  $52

Based on the classic Grimm’s fairy tale, this opera by Engelbert Humperdinck will showcase the award-winning talents of puppeteer and director, Basil Twist. Guests will be in awe of the special effects and lavish characters, including flying angels, dancing gingerbread, and a larger-than-life witch. Conducted by MOT Principal Conductor Stephen Lord. Performance will be in German (with English supertitles). Lunch will follow the performance at a choice downtown restaurant.

### Michigan Opera Theatre — Dress Rehearsal: *The Grapes of Wrath**
**Thursday, May 9, 2019**
9:30am – 4:30pm  •  $52

Following the successful production of *27*, Michigan Opera Theatre is proud to invite you to another of composer Ricky Ian Gordon’s works (libretto by Michael Korie). Set in the 1930s Dust Bowl of John Steinbeck’s classic novel, this opera score draws its inspiration from jazz music of the era. Performed in English (with English supertitles). Lunch will follow the performance at a choice downtown restaurant.

### TICKETS TO EXCURSIONS ARE FINAL, NO REFUNDS OR EXCHANGES.

All excursions include motor coach transportation that departs from and returns to the Lorenzo Cultural Center. The Lorenzo Cultural Center will open one hour prior to departure. It is recommended that guests arrive at least 30 minutes early for check-in; buses leave at listed times.

Many of these tours are to historical locations and handicapped accessibility may be limited. Limited space available; events, dates, times and prices are subject to change.

At the time of registration please provide a current phone number or email so that you may receive updates to the trip itinerary.

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**CULTURAL EXCURSIONS**

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**Detroit Institute of Arts — Guided Tour: In the Garden**

**Michigan Opera Theatre — Dress Rehearsal: *Eugene Onegin***

**The Whitney — Ghost Stories **SOLD OUT**

**Michigan Opera Theatre — Dress Rehearsal: *The Barber of Seville** **SOLD OUT**

**Meadow Brook Hall — Holiday Tour** **SOLD OUT**

**Michigan Opera Theatre — Dress Rehearsal: *Hansel and Gretel** **LIMITED SEATS AVAILABLE**

**Michigan Opera Theatre — Dress Rehearsal: *The Grapes of Wrath**

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**TICKETS TO EXCURSIONS ARE FINAL, NO REFUNDS OR EXCHANGES.**