



# Career & Interest Assessment

Self-Assessment, the first step in the career planning process, facilitates awareness of interests, values, skills and personality. Reflection and understanding of these characteristics can be helpful when making career decisions.

## Career Services Assessments

To complete the assessments listed below, visit Career Services

### Focus 2

Reliable and valid research-based assessment. Your assessment results are matched to occupations and supporting majors at Macomb Community College. Explore careers matched with your interests.

Register at:

<https://www.focus2career.com/Portal/Login.cfm?SID=631>

[Create a New Account](#)

Enter the Access Code: Macomb

User Name: \_\_\_\_\_

Password: \_\_\_\_\_

### YouScience

The YouScience platform uses performance measures of aptitudes to uncover students' natural talents, match them to careers, and give them personalized feedback on how their abilities can be utilized in school, work, and in their daily life.

Contact [careerservices@macomb.edu](mailto:careerservices@macomb.edu) for a registration link.

### My Next Move

Answer questions about the type of work you might enjoy. We'll suggest careers that match your interests and training.

Visit: <https://www.mynextmove.org/explore/ip>



Print out all results of this assessment, My Next Move does not allow you to save your history.

Referrals from Counseling and Academic Advising are required to take the assessments below. Schedule an appointment with a counselor.

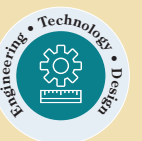
### Myers-Briggs Assessment

Reports personality preferences in four areas: **focusing attention, receiving information, making decisions and navigating environments**. Results include a personality profile and list of careers people with similar preferences have found satisfying. In a follow-up appointment, your career counselor will go over your results with you.

### Strong Interest Inventory

Assesses and categorizes your interests on several scales. In a follow-up appointment with a career counselor, you will receive a printout of the results. Your scores indicate how similar your interests are to professionals in various fields.

**Upon completion of the above assessments, you will be scheduled for a follow-up appointment with a counselor or schedule your own at [counseling.macomb.edu](http://counseling.macomb.edu)**





# Career Services Career Research Tools

Discover the type of skills, tasks, wages and degrees required to obtain a position in your area of study.

Stop by Career Services to research your career potential!



## O\*NET OnLine

O\*NET Online has detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more!

What can I learn?

- Worker characteristics
- Worker requirements
- Experience requirements
- Occupational requirements
- Average wages
- Job titles and descriptions

Visit: <https://www.onetonline.org/>



## careeronestop

The more you know about the job market, the more you can build career resilience. This means doing better at finding jobs, keeping them once you're hired, and getting reemployed if you lose a job. Use America's Career Infonet to learn which occupations are in high demand in your area, pay good wages and relate to your skills or training.

What is in my Tool Kit?

- Occupational comparisons
- Green careers
- Experience requirements
- Growing and declining occupation trends
- Military to civilian occupation translator

Visit: <https://www.careeronestop.org>

### Social Media

Get Connected: Be in the know, keep up to date with the latest happenings and join discussions with alumni, companies and career professionals. Find new and different content on each network with regular updates to keep you informed.



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# CAREER SERVICES

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Center Campus H109



 **Macomb  
Community College**  
Education • Enrichment • Economic Development  
*Discover. Connect. Advance.*