

**GERONTOLOGY**

**Employment Outlook**

*Social Service Assistants, Non-Medical Home Care Aides, Activity Assistants*  
 Salary: \$8.72- \$20.78 per hour in Michigan  
 Outlook: 20% in Michigan  
 Job openings: 360 opportunities projected in Michigan annually  
 Source: America's Career Information Network at [www.acinet.org](http://www.acinet.org)



**Eldercare Specialist Certificate**

This Macomb WCE Certificate is a valuable asset applicable to a variety of fields including Customer Service, Management, Sales/Marketing and Healthcare. Three core WCE classes are required to earn the Macomb WCE Certificate and may be taken in any order.

**Classes may be taken individually or as part of the certificate program.**

**Aging Body, Mind and Spirit**

**HLTH-8037A**

Broaden your awareness of common diseases and chronic illnesses associated with aging. Gain comprehensive knowledge of Alzheimer's and other dementia-related disorders. Demonstrate philosophy of care and care interactions. Provide life enrichment and support to clients and families. Understand and manage difficult behaviors. Develop personal strategies to avoid stress and burnout. (4 sessions)

70960 ..... TH ..... 1/7-1/28 ..... 6-9 PM..... \$125 ..... SOU G215 ..... S. Brewer

**Introduction to Gerontology**

**HLTH-8036B**

Prepare yourself for the aging of America. Investigate the many dimensions and processes of aging. Examine the impact of stereotypes, roles and physiology on the aging process. This class will prepare you for further studies in Gerontology for your career, family or business needs. (6 sessions)

70961 ..... TTH ..... 2/2-2/18 ..... 6-9 PM..... \$175 ..... SOU E216 ..... M. Appel

**The Art of Caregiving**

**HLTH-8039**

Gain confidence as a family or professional caregiver. Learn techniques to assist older adults with respect, compassion and privacy. Practice the mechanics of safe transferring techniques and become familiar with common therapeutic equipment. Create a safe, comfortable environment whether in the home or institutional facility that promotes independence and wellness in everyday activities. (4 sessions)

70962 ..... T ..... 3/2-3/23 ..... 6-9 PM..... \$125 ..... SOU C119 ..... V. Andrews

**Call 586.498.4000 or email [Continuinged@macomb.edu](mailto:Continuinged@macomb.edu) after completing all required classes to request your Macomb WCE program certificate.**



**Design Creative Senior Citizen Activity Plans**

**Anything But Bingo**

**HLTH-8045A**

Design activity plans for seniors in congregate settings such as senior centers, independent and assisted-living housing and foster care homes. Gather exciting ideas for physical, social and spiritual programs for seniors with a wide range of abilities. Come ready to share one great activity idea with others at the first session. (3 sessions)

70963 ..... W ..... 2/3-2/17 ..... 6 PM-9 PM  
 \$89 ..... SOU G216 ..... M. Appel

*Are you living with arthritis? Take Tai Chi from the Arthritis Foundation and experience less pain and stiffness, improved memory, and increased muscle strength (see page 47).*